

**Opioid Treatment Programs (OTP): Services for Pregnant Women**

**DBHDS would like to learn more about the services currently available through your OTP for pregnant opiate dependent women. The information you provide will help us determine guideline for working with this population and what type of help or education you may need in order to implement them.**

- \* 1. What is the name of your opioid treatment program (OTP)

- \* 2. What is your name?

- \* 3. What is your position within the OTP?

4. Please provide your E-mail address in case we need to follow up with you

**Opioid Treatment Programs (OTP): Services for Pregnant Women**

- \* 5. Does your OTP provide priority access to pregnant women

☐

Within 24 hours?

☐

Within 48 hours?

☐

Other? - please explain in comment box

Comments?

6. How soon after intake are pregnant women admitted to services? check all that apply

- ☐ Immediately following her intake
- ☐ Within 24 hours
- ☐ Within 48 hours
- ☐ Other (please use comment box to explain)

Comments?

### Opiod Treatment Programs (OTP): Services for Pregnant Women

\* 7. Do you have expedited intake procedures for pregnant women who were inducted and referred to your OTP by a hospital?

- ☐ Yes
- ☐ No. If no, please use comment box to explain

Comments?

\* 8. Releases of Information : Does your OTP routinely obtain releases of information for each pregnant woman so you can discuss her care with

	Yes	No
Prenatal care provider	<input type="checkbox"/>	<input type="checkbox"/>
Birth hospital where she plans to deliver	<input type="checkbox"/>	<input type="checkbox"/>
Behavioral health care providers	<input type="checkbox"/>	<input type="checkbox"/>
Other health care providers involved in her care.	<input type="checkbox"/>	<input type="checkbox"/>
Social services/child protective services	<input type="checkbox"/>	<input type="checkbox"/>

Comments?

### Opioid Treatment Programs (OTP): Services for Pregnant Women

- \* 9. Does your OTP have written agreements with health care and child welfare providers to work collaboratively with families. Check all written agreements that your program has

	Yes	No
Primary care providers	<input type="checkbox"/>	<input type="checkbox"/>
Community Service Boards	<input type="checkbox"/>	<input type="checkbox"/>
Obstetricians	<input type="checkbox"/>	<input type="checkbox"/>
Gynecologists	<input type="checkbox"/>	<input type="checkbox"/>
Birth hospitals	<input type="checkbox"/>	<input type="checkbox"/>
Local Departments of Social Service/Child Protective Services	<input type="checkbox"/>	<input type="checkbox"/>
Other (please use comment box to explain)	<input type="checkbox"/>	<input type="checkbox"/>

Comments?

- \* 10. Does your OTP's physician have a method to communicate, with the mother's consent, about changes in dosing with the mother's obstetrician/gynecologist?

☐ Yes

☐ No

Comments?

### Opioid Treatment Programs (OTP): Services for Pregnant Women

11. Does your OTP have a drug testing protocol that you communicate to the pregnant women's

	Yes	No
Obstetrician/gynecologist?	<input type="checkbox"/>	<input type="checkbox"/>
Other medical providers involved in her care?	<input type="checkbox"/>	<input type="checkbox"/>
Other providers. Please use comment box to explain.	<input type="checkbox"/>	<input type="checkbox"/>

Comments?

\* 12. Does the OTP keep the woman's prenatal care provider informed regarding her drug toxicology test results?

☐ Yes☐ No

\*13 Does your OTP coordinate services with other providers that serve mutual clients who are pregnant or parenting

	Yes	No	Don't know
Local CSBs	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Other outpatient substance use disorder (S.U.D) treatment providers in the community	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Residential S.U.D. treatment providers	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Probation and parole	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Social services/child protective services	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Hospital (i.e., where Mom plans to deliver)	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Hospital (i.e., where Mom receives other medical services)	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Hospital (i.e., where Mom receives psychiatric services)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

comment?

**Opioid Treatment Programs (OTP): Services for Pregnant Women**

\*14. Are pregnant MAT clients provided with case management services to help them obtain additional services in the community? Check all services that might be provided

- ☐ Basic needs (housing, financial assistance, food etc)
- ☐ Substance abuse treatment
- ☐ Mental health treatment
- ☐ Home visiting Services e.g., Project LINK, Healthy Families, CHIP, Nurse Family Partnership etc.
- ☐ Prenatal care
- ☐ General medical care
- ☐ Dental care
- ☐ Criminal justice services
- ☐ Other legal services
- ☐ Help navigating child welfare system
- ☐ Parenting classes
- ☐ Childcare
- ☐ Other. Please use comment box to explain.

Comments?

**Opioid Treatment Programs (OTP): Services for Pregnant Women**

\*15. Code of Virginia 63.2-1509 requires that hospitals and health care providers report suspected substance exposed newborns to child protective services (CPS) following delivery.

	Yes	No	Don't know
Are your OTP staff aware of this law and how your program's pregnant clients are affected?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do OTP staff routinely discuss this law and its implications with your pregnant clients?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do OTP staff address each woman's concerns and provide appropriate guidance?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

**Opioid Treatment Programs (OTP): Services for Pregnant Women****\* 16. Do OTP staff**

	Yes	No	Don't know
Know the criteria for breastfeeding in women on MAT?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Know the benefits of breastfeeding infants who are experiencing neonatal withdrawal?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Routinely discuss breast feeding with Moms prior to their delivery and help them decide what option to follow?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?



## \*17. Do OTP staff

Don't know

Receive training  
regarding infant  
withdrawal and neonatal  
abstinence syndrome  
(NAS)?



Discuss neonatal  
withdrawal with each  
mother prior to her  
delivery and what she  
should anticipate?



Discuss neonatal  
abstinence syndrome  
(NAS) with each mother  
prior to her delivery, how  
its treated and what she  
should anticipate?



Explain different  
techniques Moms can  
use to soothe infants  
experiencing  
withdrawal?



Help Mom develop a  
support plan for dealing  
with the stress of  
parenting



Comments

### Opioid Treatment Programs (OTP): Services for Pregnant Women

18. Prior to her delivery, do OTP staff routinely talk with each mother about

	Yes	No	Don't know
Appropriate dosing - both during pregnancy and after her delivery?	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Plans to reduce her methadone dose following delivery?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Her plans for continuing MAT post-delivery?	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
Developing a detoxification plan with her in the event she <input checked="" type="radio"/> <input checked="" type="radio"/> <input checked="" type="radio"/> chooses not to continue MAT or is unable to afford it?			
Appropriate use of pain relief medication following delivery?	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>

Comments?

### Opioid Treatment Programs (OTP): Services for Pregnant Women

\* 19. If a postpartum woman is unable to afford MAT following delivery, how long is her medically supervised withdrawal?

- ☐ 10 days
- ☒ 10 - 30 days
- ☐ longer than 30 days

Comments?

## 20. Do OTP staff

Don't Know

Receive training about  
Safe Sleep practices for  
infants?

☐☐☐

Routinely discuss Safe

Sleep practices with new Moms and explain how caregivers can reduce ☐ ☐ ☐ the risk of Sudden  
Unexplained Infant Death (S.U.I.D.)?

Comments?

**Opioid Treatment Programs (OTP): Services for Pregnant Women**

\* 21. Does your OTP routinely share information with hospital staff regarding pregnant women's

Yes

No

Don't know

Enrollment in your  
program?

☐☐☐

Medication dose?

☐☐☐

Results of her recent  
urine screens?

☐☐☐

Comments?

\*22. Does your OTP routinely request a copy of

	Yes	No	Don't Know
Baby's delivery summary from the hospital?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mom' discharge summary from the hospital?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Any drug tests that may have been done on Mom during her hospitalization?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Comments?

\* 23. Does your OTP coordinate their services for pregnant and parenting women with other substance abuse treatment providers? Check all that apply.

	Yes	No	Don't know
Local CSB programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other outpatient substance abuse treatment providers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Residential substance abuse treatment programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Comments?

## Opoid Treatment Programs (OTP): Services for Pregnant Women

24. Does your program

Don't know

Educate women about the importance of having a medical home for themselves?

☐
☐
☐

Coordinate ongoing support for women with their primary and specialty care providers?

☒
☒
☒

Educate mothers about the importance of obtaining a medical home for their infant?

☒
☒
☒

Educate moms that they need to inform their child's medical provider that their infant was substance exposed

☒
☒
☒

Coordinate ongoing support for the infant with their pediatrician and other specialty care providers.

☒
☒
☒

Comments?

\* 25. Does your OTP routinely help new mothers who lack coverage for ongoing MAT develop a plan that will enable them to continue MAT services

☒ Yes

☐ No

☐ Don't know

Comments?

## Opiod Treatment Programs (OTP): Services for Pregnant Women

26. Does your OTP

	Yes		Don't know
Inform staff that they are "mandated reporters" for child abuse and neglect?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Train staff about their responsibilities as mandated reporters and how to file a report?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participate in child safety teams?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide a treatment liaison with the child welfare agency?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

\* 27. Does your OTP have

	Yes	NO	Don't know
Written policies and protocols to ensure the safety of children (other than the newborn of the pregnant women you serve)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Written policies and protocols that outline expectations regarding how staff should work with the child welfare agency when they are concerned about a child's safety?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Comments?

## Opioid Treatment Programs (OTP): Services for Pregnant Women

28. Education and training needs. Please let us know if you and/or your staff are interested in education and training on any of the following topics

	Yes	No	Don't know
Impact of maternal substance use on the newborn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Virginia's laws regarding maternal substance use (Code of Virginia 63.2-1509; 32.1-127 B 6 and 54.1-2403.1)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Child Protective Services' (CPS) Regulations: How and when CPS investigates reports of neglect or abuse and the different types of services they are able to provide families.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educating Moms about neonatal withdrawal.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Effective techniques for calming babies who are experiencing withdrawal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Educating Moms

anticipate?

Risks for neonatal injury, neglect and abuse. Helping Mom's recognize and avoid these risks.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Available support services for pregnant women and new moms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Infant development and other services Mom's can access for their baby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helping Mom's plan for their baby's arrival.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Parenting (for Moms and Dads)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helping mother's plan for their own MAT needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motivational interviewing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



regarding neonatal abstinence syndrome (NAS), how it is treated and what Moms should

Other topics of interest?



29. Is there any other information you would like us to know?